



Family and Community Support Services



# September/ October 2018 Newsletter

Cremona FCSS Newsletter in Cooperation with the Village of Cremona

fcss@cremoma.ca



## Cremona's 7th Annual SHOW & SHINE Saturday, Sept. 8

Registration is free and begins at 9:00  
Please bring a donation for the food bank  
Pancake Breakfast by donation!  
Vendor tables available for \$25

Win a 1984 Ninja GPZ900R 

Visit the Cochrane Show and Shine on Sunday

For more info call Clarke 403-875-4473

Cremona/Water Valley Chamber of Commerce

### A Friendly Reminder

The Cremona, Water Valley and District Chamber of Commerce is asking that everyone remember **There is NO PARKING the day of the Show & Shine on 1st Ave East and West, Center Street, and First Street West.** Please have vehicles moved by 7 am

Thanks in advance  
for your  
**Cooperation!**

## FREE LUNCH AND LEARN

October 22 @ 10:30 am

Doors open at 10 am for coffee and snacks

Our speaker from the office of the public guardian will talk about Personal Directives, & Power of Attorney

FREE LUNCH PROVIDED, To register please call

Jen (403)510-4521-10:30 am until 2ish



# WINTERFEST 2018

December 1st

**Winterfest is an annual Craft & Artisan sale in the Village of Cremona. Its an event you don't want to miss!!!**

**If you wish to add your name to our vendor wait list or if you have any questions please email [jthompson@cremona.ca](mailto:jthompson@cremona.ca).**

**Please include your contact information as well as the items you make.**



## Interagency Meeting

**Cremona FCSS is hosting an interagency meeting September 18, 2018**

**This is a great opportunity for your group to tell others what your up to, bring us up to date on events or anything you'd like to throw out there, maybe you just wish have questions or would like to get a different perspective.**

**EVERYONE IS WELCOME TO ATTEND**

# SALMON RUN 2018



**Join Cremona FCSS on this amazing trip to Adam's River  
BC to see the salmon run!**

**This trip will leave Cremona at 8:30 am October 8th 2018  
We will return October 10, 2018**

**Cost is \$275 per person sharing a room  
\$375 per person not sharing a room**

**Fee includes, Hotel, Transportation, Entrance Fees to our stops, and one lunch.**

**This is a great chance to catch up with friends, meet some new  
people and get out of town!**

**The itinerary is still being worked out, Space is limited,  
Payment required to reserve your spot**

**Open to residents of Cremona /Water Valley and area until  
August 10th, then anyone can join us!**

**(for those outside our area a wait list will be created)**

**To register or if you have any questions please call  
Jen at (403) 510-4521**



# 2018 Flu Shot Clinic

## **Cremona Flu Shot Clinic:**

**October 29, 2018**

**1 pm - 7pm**

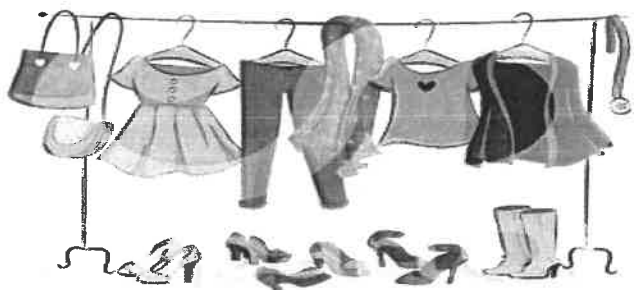
**Gold and Silver**

## **Water Valley Flu Shot Clinic:**

**November 7, 2018**

**10am - 2pm**

**Water Valley Community Hall**



## *Ladies Clothing Exchange*

**Water Valley Hall**

**Friday, September 28,**

**6:30pm**

Clean out your closets; go through your shoe racks and accessories!  
It's time to swap those items you won't wear for something you will!

Please make sure all items are clean and in good condition.

All sizes & brands welcome – ladies clothes only please!

Bring an appetizer, dessert or wine to share, and stay for a ladies night mingle!

Contact Terri Coutts for more info: [teresapurslow@gmail.com](mailto:teresapurslow@gmail.com)

# Cremona Skating Club REGISTRATION NIGHT



**Sept. 10, 2018**

**6:30 - 8:00 p.m.**

**Cremona Curling Club  
Centre Street Cremona**

CanSkate, StarSkate and  
Back by popular demand... CanPower Skate  
<http://skateabnwtun.ca/skating-programs/canpowerskate/>

For more information call:  
Terri 403-637-7008 or Anna 403-637-0039

## CREMONA FCSS BOARD MEMBERS WANTED

The Village of Cremona FCSS is looking for members to sit on the FCSS Advisory Board.

The Family and Community Support Services (FCSS) program provides community awareness and resources, to strengthen and preserve human initiative, to preclude individual or family breakdown, and to include any activity of which all members of the community can avail themselves for the enrichment of their physical, mental and social well-being.

Board members role is to supervise the operation of all FCSS programs approved by the Village of Cremona Council, with the exception of staff whom are supervised by the Chief Administrative Officer.

Recommend approval on all expenditures to the Chief Administrative Officer.

Have a key role in community services in Cremona, which shall consist of acting in an advisory capacity to Council in regards to long term planning and operational community service issues.

**Please contact Jen Thompson at [fcss@cremona.ca](mailto:fcss@cremona.ca) or call 403.510.4521 for more information.**

Are you a parent with a new baby or young child under the age of six? Are you committed to providing the best you can for your child? Do you wish your child came with a manual? Are you experiencing other challenges in your life while you try to raise your young family? If you answered yes to any of these questions you may be eligible for the Healthy Families Home Visitation Program.

Our trained home visitors can visit you in your home; assist with parenting and child development strategies. We can also help you to manage other family needs and issues that impact your ability to be the parent you want to be. We will provide support and guidance all in a non-judgemental way.

Our program is free. We serve Didsbury, Carstairs, Cremona, Three Hills, Drumheller, Hanna, Strathmore and surrounding rural areas.

For more information, please contact either our main office at Accredited Supports to the Community, 1-866-566-4122 or the Healthy families Coordinator, Lisa Sauve, 403 586 0665 directly

Also check out our website: [asc-mva.ab.ca](http://asc-mva.ab.ca) for more information about our program and other services Accredited Supports to the Community has to offer.

Healthy  
Families

A stylized handprint logo consisting of a grey silhouette of a hand with fingers spread, positioned below the text 'Healthy Families'.



THE  
**TERRY  
FOX RUN**  
for cancer research

**Annual Terry Fox Run for  
Sunday, September 16th  
2018.**

**Register at 8:30 am Run 9  
am to 2 pm.**

**Come walk, run or ride for  
cancer research and carry  
on the Legacy started by  
Terry Fox.**

**Registration forms at  
Cremona Post Office,  
Mountain View Credit  
Union or Water Valley  
Store**

**Download or pledge online  
at [www.terryfoxrun.org](http://www.terryfoxrun.org) or  
for more information call  
Mary 403 637 2458  
Everyone welcome,  
No entrance fee or  
minimum pledge.  
Refreshments served and  
water provided.**

You're Invited

to our Fall Sunday School  
Kick-off



**CREMONA CONGREGATIONAL  
CHURCH**

**SEPTEMBER 9 AT 9:00AM  
CHURCH SERVICE TO FOLLOW AT 10:00AM  
SUNDAY SCHOOL FOR K-GR.6 DURING THE SERVICE**

The Cremona Library and the public computers will be closed until further notice to finish our expansion. We will reopen once the expansion is completed.

*Sorry for any inconvenience.*

*The Staff and Board*

**FCSS OFFICE HOURS**

Tuesday and Thursday

9 am- 3:30 pm

(closed from noon to 1 pm for lunch)

Wednesdays by  
appointment only

Feel free to call anytime

(403)510-4521

# **CREMONA COUNTRY KIDZ**

**KIDS Fun Night OUT**

**PARENTS Fun Night OFF**

**K-6**

**To Book**

**Call: 403 - 637 - 3878**

**Email: [cchurch@velocitynetwork.ca](mailto:cchurch@velocitynetwork.ca)**

**September 28 6:00 - 9:00**

**October 26 6:00 - 9:00**

**November 30 6:00 - 9:00**

## **BOARD MEMBER OPPORTUNITY**

**Subdivision and Development Appeal Board (SDAB).**

The purpose of this board is for hearing appeals from decisions made by the development authority and subdivision authority pertaining to applications relating to lands located within each Municipality;

This board will be comprised of public members from the Town of Didsbury, Carstairs and the Village of Cremona. There will be a training session put on by the Alberta Government.

Costs related to the training and other expenses will be funded by the Village of Cremona for Cremona members.

Please contact Luana Smith, CAO at [lsmith@cremona.ca](mailto:lsmith@cremona.ca)  
or 403.637.3762 for more information.

**ALOHA!! JOIN US FOR THE  
CREMONA SCHOOL ENHANCEMENT SOCIETYS**



**NOVEMBER 17, 2018 6:00 PM**

**CREMONA COMMUNITY HALL**

**\$20 PER PERSON - ADULTS ONLY**

**PORK DINNER, DANCING, DRINKS,**

**GAMES, SILENT AUCTION AND**

**TRAVEL RAFFLE**

**DIG OUT YOUR BEST  
HAWAIIAN SHIRT  
OR GRASS SKIRT**

**TICKETS WILL BE AVAILABLE AT CREMONA CREDIT UNION,  
CREMONA SCHOOL SEPT 4 AND BY EMAILING  
CSESOCIETY2011@GMAIL.COM**



**GET FIT IN 2018!**

**\$50 one time Initial Fee**

**6 Month Membership \$210 or \$35/m**

**1 Year \$360 or \$30/m - Couples \$55/m**

**Open 24/7 - 7 Days a week  
Community Run Non-Profit**

**Forms available for pick up or drop off at**

**Mountain View Credit Union Cremona.**

**Info email: [cremonafitness@gmail.com](mailto:cremonafitness@gmail.com)**

**Visit our new location 2 doors east of Feeling Used on the main drag in Cremona  
Non-Profit Fitness Center - No drop in or short term memberships sorry.**

## **Water Valley Dates to Remember**

**WVCA Bottle Drive- 1st Saturday of  
the month, proceeds towards the  
new hall, Location at the old hall  
from 10-3**

**WVCA Red Mug Coffee Morning,  
Location at the new hall, Thursday  
mornings from 9-noon**

**Crafting Days- 3rd Sunday of the  
month, Location downstairs in the  
kitchen at the Chinook  
Arts \$5.00 11:00-5:00**

**Grand opening of the hall  
Sept 16 2018**

**Hook and Book night at the Library  
Wednesday evenings 6-9 Bring your  
projects and tools for a fun social  
evening**

**Water Valley Quilting group (soon to  
be named) will have the first meeting  
Aug 28 and will meet every 2 and 4  
Tuesday in the downstairs room at  
the Chinook Arts Building. \$60.00 for  
10 meetings. Bring your projects or  
your dreams, no experience  
necessary if you want to learn.  
Contact Karen Macpherson at  
403-272-8094 for more information.**

**For all events, please check our  
website at [www.ilove waterval-  
ley.com](http://www.ilovewatervalley.com)**

