



November/ December 2023 Newsletter

Cremona FCSS Newsletter

(403) 510-4521

fcss@cremoma.ca

Join Cremona FCSS and Carstairs
FCSS on December 13 at Rosebud

ALL is CALM: The Christmas Truce of 1914

By Peter Rothstein

Vocal Arrangements by
Erick Lichte & Timothy C. Takach

Tickets are \$50 each
They include transportation, a lunch buffet,
tea or coffee and the show.
Bus leaves Cremona at 10:15 am
Call (403) 510-4521 to book your ticket.
Space is limited!

(Carstairs area has their own time table if your
from Carstairs or rural Carstairs please sign up
your FCSS (403)940-3327
or on-line at www.carstairs.ca)

Rosebud
Theatre

Music Overcoming Conflict

November 3 - December 23

Cremona and Carstairs will meet in Rosebud
for this joint community event.

JOIN US FOR THE

CREMONA CHRISTMAS CONCERT

DECEMBER
10th @ 2pm

AT THE CREMONA COMMUNITY HALL

CANDY BAGS FOR CHILDREN AND
SANTA CLAUS.
DONATIONS TO THE FOOD BANK
APPRECIATED AT THE DOOR.

DO YOU SING, DANCE, PLAY,
OR READ A POEM?
WE ARE LOOKING FOR SOME LOCAL
TALENT TO ENTERTAIN. CALL BRENDA
403 637-3912, OR MARY 403 637-2458

A festive illustration featuring a snowman wearing a red hat with a white pom-pom and a red and green striped scarf. The snowman is surrounded by holly leaves and red berries. The background is dark green with white and red floral patterns.

CHRISTMAS CRAFTERNOON AT THE FCSS.

November 29th, 1 pm
Come create your own special
Gnome, Santa, or Tree
Everything supplied - including coffee

To sign up please
call (403)510-4521



(More Crafternoons to come - watch Facebook)

Gifts for Seniors and Singles from our Community

THIS LITTLE PROGRAM DISTRIBUTES CHRISTMAS GIFTS TO OUR LOCAL SENIORS AND THOSE LIVING ALONE.

IF YOU WOULD LIKE TO NOMINATE SOMEONE IN THE CREMONA/WATER VALLEY AREA OR SOMEONE THAT USES TO LIVE HERE AND HAS MOVED TO ONE OF THE LOCAL LODGES / SENIORS RESIDENTS OR IF YOU WOULD LIKE TO DONATE PLEASE CONTACT BONNIE AKKUS VIA EMAIL AT CIAO_BELLA71@HOTMAIL.COM, OR 403 637 2434, OR JEN AT FCSS (403)510-4521 OR DROP OFF AT THE FCSS

TUESDAYS OR THURSDAYS 9AM - 3:00PM

IDEAS FOR ITEMS ARE - CARDS FROM YOUR FAMILY, SOCKS, CHOCOLATE, SUNCATCHERS, CANDLES, LOTIONS, MAN STUFF, CALENDARS, HAND SOAP, CHRISTMAS GIFT BAGS AND STOCKINGS... ANYTHING GOES!

CASH DONATIONS ALSO ACCEPTED - BUT PLEASE NOTE, THIS IS NOT RUN BY A CHARITY, OR UNDER ANY GROUP.

FEEL FREE TO DONATE 1 ITEM OR 20.

BIG PRAIRIE COMMUNITY HALL

Spaghetti Supper

Spaghetti, Meat Sauce, Salad & Dessert
Friday November 24th, 2023

Doors Open 5 pm

Supper serviced 5:30 - 7 pm

@ the Big Prairie Community Hall

Cost - \$DONATION

Please book your supper plate by
November 20th, 2023 by contacting

Rachel @ 780-385-8979

or Holly @ 403-507-9536

EVERYONE WELCOME



**Bridge is taking
place at Gold &
Silver Thursdays
@ 1pm.**

**We welcome
anyone who
wishes to join us;
we're a very
sociable group!!
For info contact:
Mary Jane Davies
@
(403) 337-3212**



December 2, 2023



4 venues -

The Community Hall, The Gold and Silver Club, Cremona Curling Club and the Cremona FCSS.

10 am - 3 pm

The best maker/craft sale in MVC! FREE ENTRY!!



**Wagon Rides, Face Painting and Balloon Twister,
Poinsettia sales (CSES), Kids Christmas Shop(4H),
Public Skate (Cremona AG), Free Hot Chocolate! (Connect First)
Watch Facebook for more updates. (403)510-4521**

VOLUNTEERS NEEDED

**For the Cremona Gold and Silver Society's Casino Night in Red Deer
January 15th 2024
Please contact Larry Stevees at
(403) 637-2873**

FCSS Regular Office Hours

Tuesday and Thursday 9 - 3
Monday and Wednesday
by chance or appointment

**We will be closed
Nov 13th, Nov 22 and 23rd
December 25th, 26th and
January 1st**

**Call if we can help with
anything (403)510-4521**

Merry Christmas



Join our Sharing Circle

**At the FCSS 2nd Thursday each
month (Nov 9th, Dec 7th)
We start with a smudge, and a
reading - then we talk about
whatever we need too.**

EVERYONE WELCOME

**Lead by Scott Lashmore
If you have questions or would like more information
Please call Jen
(403)510-4521**



**I HAVE THIS INCREDIBLE
ABILITY TO PREDICT
WHAT'S INSIDE A
WRAPPED PRESENT.**

It's a gift.



Gold and Silver Society Monthly Potluck Lunches



will be held at NOON Tuesday
November 1 and December 5th

All Seniors Welcome

For more information please contact
Betty Ann Horbay (403)637-0164

Gold and Silver Club 113 Center Street

Thank You!
**Cremona Gold
and Silver Society
for the use of your building
for Crafternoons this
summer - we greatly
appreciate it**

2023 Community Christmas Food Hampers

If you are in need of a food hamper this year,
please call Janet at 403-637-2945 by
December 15th, 2023. All calls and
information are confidential. You must reside
in the Cremona/Water Valley/local area.

This is a self-referral program so you must
phone me to receive a hamper. This year, we
are not accepting any food donations but
cash donations will be gratefully appreciated

**Parkhills Women's Guild will be at the
Gold and Silver Center December 2nd for
Winterfest** with our home baking and
copies of our *"Old and New Tried and
True"* Cookbooks while supplies last!

Many thanks for your support of this
fundraiser which allows us to
support our community.



*Old and New -
Tried and True*



Parkhills Women's Guild



Thank You

to everyone who supported our Terry Fox Run, Sept 17, 2023.
We have raised over \$8000.00 for cancer research.
Special thanks to Cremona Lions Club, KC Foods, Water Valley Arts and Wellness Center, CKFM 96.5 & Rock 104 Olds, The Olds Albertan, Studio 4 Designs, Water Valley First Response Team for patrolling that day.
Most of all to our faithful families and volunteers who return each year to make our Run such a success.

Sincerely Mary Thomson and Crew



Annual Craft Sale

Friday, Nov. 17 – 6pm to 8pm
Saturday, Nov. 18 – 10am to 2pm
at the Cremona Gold & Silver Club
Come and shop locally for a wide selection of handcrafted items and baking



FREE FOOD

The Cremona / Water Valley Community Pantry is here for you!

To qualify just call the FCSS @ (403)510-4521 to make a request, and set up a time for pick up - That's it!
Donations of non perishable food are gratefully accepted, as well as cash donations. We are completely reliant on community support.

We are here to give you a hand up - Use Us!



CHRISTMAS GLASS COOKIE PLATE

Come and join Christina Blackmore of Glassmates2 and create a Christmas plate for Santa's cookies or candies. You will learn how to decorate your own fused glass plate. She will teach you how cut and nip glass to decorate the plate. Once it is done Christina will fuse and slump them in her studio kiln. They will be available to pick up the following week. All materials and tools are provided, please bring an apron and safety glasses.

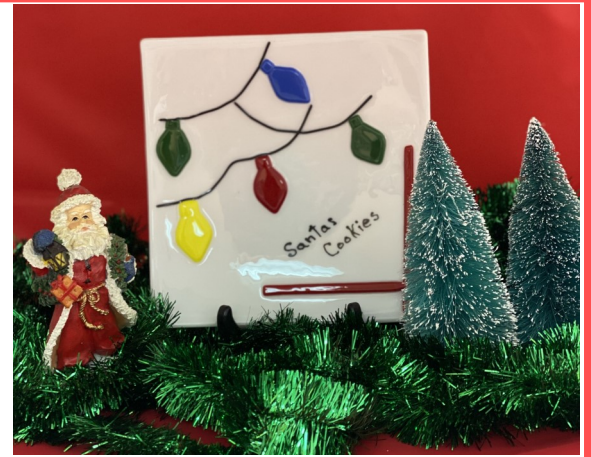
DATE: Thursday, November 9th, 2023

TIME: 6-9pm

LOCATION: Cremona Gold and Silver Club

COST: \$55 for under age 55, \$40 for 55+

To register, email coordinator@cremonaces.com



CHRISTMAS GLASS MOSAIC BLOCK



Come and join Christina Blackmore of Glassmates2 and learn all about glass on glass mosaic and create your own lighted mosaic block. This will be a 2 part class, first you will decorate and glue your 4 sided block creating a poinsettia for your Christmas decoration, then the following class once is dried you will grout it. All materials and tools required are provided, please bring an apron, safety glasses (I will have some safety glasses on hand) and work gloves. For the following class where you will grout your project, bring your apron.

DATE: Thursdays, November 23 & 30th, 2023

TIME: 6-9pm

LOCATION: Cremona Gold and Silver Club

COST: \$65 for under age 55, \$50 for 55+

To register, email coordinator@cremonaces.com

CREMONA

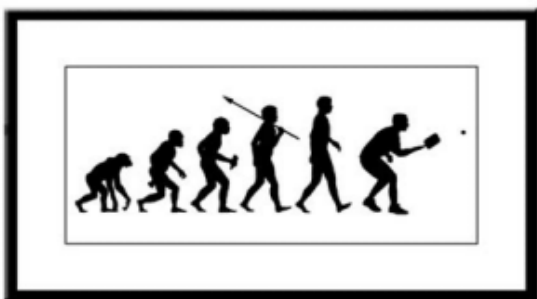


Community
Engagement Site

PICKLEBALL

SUNDAYS &
THURSDAYS

Cremona Community
Hall



7-9 pm

Drop in Fee \$2.00

Two Courts - Equipment Available

Bring clean, indoor running shoes



Every Friday from 10:00 am - 12:00 pm
At Cremona FCSS (106 1 Ave E, Cremona)

Starting on Friday, November 3rd 2023, join us for 5 consecutive Fridays (until Dec 1, 2023) to learn more about your amazing baby and meet other new parents! Enjoy a coffee while we chat about topics such as baby's development, nutrition, sleep plus parent survival, and adjustment.

Parents and babies ages 0 to 12 months are welcome!
Please register so we know to expect you.

FOR MORE INFORMATION:
Contact Deb at 403-586-1340

REGISTER ONLINE AT:
www.mvfrn.ca/registrations or email info@mvfrn.ca





ALCOHOL INK CHRISTMAS CARDS

Join artist Sherry Telle to make a collection of beautiful alcohol ink cards, just in time for the Christmas

season! Beginners welcome!

DATE: Tuesday, November 7th, 2023

TIME: 9:30-3:30pm

LOCATION: Cremona Gold and Silver Club

COST: \$55 under age 55, \$45 for seniors 55+

To register, email coordinator@cremonaces.com

This is an adults only class.

WILDLIFE PRESENTATIONS

On My Bluebird Trail.

Join us for the second presentation in our four-part wildlife series, the Wonders of Wildlife.

Local photographer Karen Fahrlander and co-host Di Halladay will discuss their experiences caring for local Bluebird trails.

Enjoy a vivid presentation featuring Karen's photos and learn more about these joyful songbirds. You can also pick up assorted information about local wildlife, and purchase bird-themed prints, cards, and Medicine River Wildlife Center children's books.

DATE: Wednesday, October 18th

TIME: 6:30 - 7:30pm

LOCATION: Cremona Gold and Silver Club

COST: FREE but you must register, as this class requires a minimum number of attendees.

To register, email coordinator@cremonaces.com

Children welcome with adults.



Through the Eyes of Bears.

Join us for the third presentation in our four-part wildlife series, the Wonders of Wildlife.

Local photographer, Karen Fahrlander, will share photos, facts and conservation issues in her presentation: Through the Eyes of Bears

DATE: Wednesday, November 1st

TIME: 6:30 - 7:30pm

LOCATION: Cremona Gold and Silver Club

COST: FREE but you must register, as this class requires a minimum number of attendees.

To register, email coordinator@cremonaces.com

Children welcome with adults



Incredible Owls.

Join us for the final presentation in our four-part wildlife series, the Wonders of Wildlife.

Local photographer, Karen Fahrlander, will share photos, facts and conservation issues in her presentation, Incredible Owls.

DATE: Wednesday, November 22nd

TIME: 6:30 - 7:30pm

LOCATION: Cremona Gold and Silver Club

COST: FREE but you must register, as this class requires a minimum number of attendees.

To register, email coordinator@cremonaces.com

Children welcome with adults



WHATS GOING ON IN WATER VALLEY?

Pickleball Mondays and Thursdays 7-9pm and Tuesdays 1-3.



**Everyone is welcome!
\$2 drop in fee.
Water Valley hall.**

Thursday morning coffee at Water Valley hall is 9-11am. \$2 for your coffee, goodies by donation.



Craft day at the old school building in Water Valley, is the 3rd Sunday of each month (Sept-May). \$5 drop in fee, 11am-5pm, bring a lunch and a craft you want to work on.



DROP-IN

November 23rd, 2023
Cremona FCSS, United Church
2PM - 5PM



Mountain View Emergency Shelter Society



WATER VALLEY CHRISTMAS MARKET
November 25, 2023
10 AM - 4 PM

- Variety of vendors
- Horse Drawn Wagon Rides
- Concession

Photos with Santa 11 - 3pm, crafts & hot chocolate (Water Valley Arts & Wellness bldg)
WINTER SOCIAL 4:30- 6:30
DRINKS, MUSIC, FIREPITS & FIREWORKS TO FOLLOW
Inquiries : christmasinwatervalley@gmail.com

Hosted by:
WATER VALLEY COMMUNITY ASSOCIATION

A festive illustration featuring a decorated Christmas tree on the left and a sleigh pulled by reindeer on the right.

KEEP UP TO DATE WITH FCSS AND OTHER COMMUNITY EVENTS BY FOLLOWING THE **CREMONA FCSS COMMUNITY**

INFORMATON PAGE ON FACEBOOK.

FCSS newsletters are available at the Cremona Library, The Village office and FCSS or online cremona.ca and our Facebook page.



Cremona Congregational Church

Here is the schedule of Sunday services coming up for November, December and January. We have speakers lined up for each service to give a special message for that day.

November 12: 10:00 am

November 26: 10:00am,

Holy Communion served

December 10: 10:00 am

December 24: 7:00 pm

Christmas Eve Service

January 14: 10:00 am,

Holy Communion served

January 28: 10:00 am



Have you seen the notices for THE ATTIC ON 2ND?

Cremona's free community closet is run by members of Cremona Country Fellowship and is located in the basement of CCC. Please pop in for a look and a terrific shopping experience: clothing of all sizes for men, women and children, toys, books, games, luggage, blankets, baby items, plus a great selection of housewares and gifts. There is no charge for anything; if you wish, donations can be made to either church.

For Pastoral Care or visitation you can contact Rev. Nancy Cowtun, at 587-775-8122 or nc2252@telusplanet.net.

Other contact info: website: cremonacongregational-church.org

Phone: 403-638-3768

Email: cremonacongregational@gmail.com

Church Booking: Richard Reid 403-875-8437



LET'S TALK PARENTING

CREMONA FCSS BUILDING
106 1st Avenue East

Tuesday November 14
Tuesday November 28
8:30am-10:00am

**Childcare available upon request at registration

Grab a coffee and a muffin and let's talk parenting. Share ideas, resources, concerns, and support. This community building group welcomes anyone raising a child aged 0-18. Weekly topics will guide our discussions.



Let us know you're coming!

REGISTER AT WWW.MVERN.CA OR EMAIL INFO@MVERN.CA

SANTAS ANONYMOUS

Need a little extra help this season?

SA is a non profit community run organization that provides support to children living in the Cremona, Water Valley, Dog pound, Fallen Timber, Big Prairie, Elkton and Madden area. This is a SELF REFERRAL program running November 19 - December 10 Please call the confidential phone number

587-284-4639

Have a little extra to help?

We accept the following donations

- Family board games
- PJs sizes infant-adult (all sizes)
- Mittens/Gloves and Touques (children and adult sizes)

DONATION TUBS are at Connect First Credit Union and Water Valley Hardware Store

Cash donations can also be made via etransfer to

cremonasantas@gmail.com

Cremona Health and Wellness Fair

NOVEMBER 18, 2023

10-3, CREMONA COMMUNITY HALL

EVERYONE WELCOME!

**STOP BY TO SEE WHAT'S AVAILABLE IN THE
CREMONA AREA TO KEEP YOU
HAPPY AND HEALTHY.**

**IF YOU WOULD LIKE TO BE A VENDOR, OR PROMOTE
YOUR BUSINESS PLEASE EMAIL FCSS@CREMONA.CA
TABLES ARE FREE**

THE CREMONA LIONS CLUB



**ANNUAL GARAGE SALE
& CHARITY AUCTION**

**SATURDAY
NOVEMBER 4, 2023**

**CREMONA COMMUNITY HALL
GARAGE SALE 9:00 am – 4:00 pm
LIVE AUCTION SALE STARTS AT 7:00 pm**

**Donations accepted for the garage sale
Hall open Friday 9:00am – 4:00pm for drop-off
PLEASE NO MATTRESSES, TV'S, OR JUNK!**

**FOR MORE INFORMATION & PICKUP CONTACT
Ken Newsome 337-2331/Larry Steeves 637-2873
Bruce Rumsey 637-2945 or Any Lions Club Member**

**"Help the Lions Help the Community"
Benefits Lion's projects in the community**



WHAT'S HAPPENING?!

@ *Cremona Library*



MONDAYS

Nov 6, 13, 20 & 27
Dec 4, 11 & 18



10:30-11:30 am

Story Time

Drop-in program for ages 0-6 and parents/caregivers. Enjoy stories, crafts & activities with your little ones.

TUESDAYS

Nov 14
Dec 12



6:00-7:30 pm

Knit 'N' Natter

A casual, drop-in get-together for adults who enjoy knitting, crochet, cross stitch and other handicrafts. All skills and levels of experience are welcome!

WEDNESDAYS

Nov 8, 15 & 22
Dec 6, 13 & 20



3:15-4:15 pm

Lego Club

For ages 5 and up. Build, create, have fun! Space is limited. Registration is required.

FRIDAY

Nov 24



1:00-3:00 pm

Imagine & Explore: No-school Adventures

This program for ages 8 and up aims to engage children's imagination, creativity, curiosity, and love for learning during their no-school days. Nov theme: Dinosaur. Space is limited. Registration is required.

WEDNESDAY

Nov 29



3:15-5:00 pm

After School Movie: The Nightmare Before Christmas

Join us at Cremona FCSS for an after-school movie! Popcorn will be provided. Suitable for children ages 8+. This is a drop in program but pre-registration will be available. *Your child must know your phone number if they are NOT pre-registered*

FRIDAY

Dec 8



1:00-5:00 pm

An afternoon of Holiday Classics

Join us at Cremona FCSS for a movie afternoon of Christmas Classics! Popcorn will be provided. Suitable for children ages 8+. This is a drop in program but pre-registration will be available. *Your child must know your phone number if they are NOT pre-registered*

CHECK OUT OUR WEBSITE FOR MORE INFO AND REGISTRATION DETAILS

LIBRARY HOURS

MONDAY 10-5 pm
TUESDAY 1-8 pm
WEDNESDAY 10-5 pm
THURSDAY 10-5 pm
FRIDAY 10-5 pm
SATURDAY CLOSED
SUNDAY CLOSED
HOLIDAYS CLOSED

NEW WEBSITE LAUNCHING NOVEMBER 1!

New and improved events page with an easy to view calendar, registration, and filters.



CONTACT US



(403)637-3100



www.cremonalibrary.prl.ab.ca



cremonalibrary@prl.ab.ca



205-1st Street E, Cremona AB

Are there any local trades people or business that would be interested in placing their business card in the Cremona FCSS newsletter?



The newsletter is mailed out 6 times a year. Over 800 printed copies each run, delivered to Cremona, Water Valley, RR2 Carstairs and RR2 Crossfield. It is also available on-line and for pick up at the FCSS, Library and Village office

Cost would be \$ 100.00 per year or \$25.00 per edition.

Printed in Black and White.

Community groups, and events are advertised for free

If you have questions please call (403)510-4521



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403-879-6963
403-874-6015
MYoverheaddoors@gmail.com
www.myoverheaddoors.ca



Dawn Lashmar

403-200-3354  CIR REALTY

www.dawnlashmar.com
Your local area expert

Dr. Patricia Makokis: On Becoming an Ally - Oct. 30/23

Please come and join us to listen to the Teachings of Dr. Patricia Makokis from Saddle Lake Alberta. Three short movies that reflect her work and speak to the importance of Allyship can be found at

<https://www.treatytalk.com/>

[treatywalkajourneyforcommonground](#)

Email mtnviewmoccasinhouse@gmail.com to register.

- Olds College LRC -1:PM In the Gathering Room
- OR - 6 pm at the Community Connections Centre at 4911 51 Ave. Olds
- Meal provided at 5:PM at the CCC for participants
- Hosted by The Mountain View Moccasin House Society.



RUBY ELLIOTT
Grief & Neural Network Coach

- 403.880.1298
- rubyelliott@1st-step.ca
- www.1st-step.ca