

Happy
new
year!



Family and Community
Support Services



January / February 2019 Newsletter

Cremona FCSS Newsletter in Cooperation with the Village of Cremona

fcss@cremoma.ca

INTERAGENCY MEETING

FCSS is hosting an interagency meeting January 17th, 9:30 am at the FCSS building (106 1st Ave East)

This is a great chance to catch up with other local groups, let others know what you're up to, and network.

If you have any questions please call
(403)510-4521

FREE ENGLISH PROGRAMS IN 2019

- * **Learners Wanted ~ Free ~ Private English Lessons**
- * **Learn English ~ Feb 26 - Apr 16**
- * **Conversation Cafe ~ Feb 28 - Apr 18**
- * **Canadian Citizenship Test Prep ~ Mar 16 - Apr 26**

BOOK ONLINE WWW.MVCALS.ORG

FCSS Hours

Tuesday and Thursday
9 am to 3:30 pm

Closed for lunch noon - 1 pm
Wednesdays by appointment

Phone # (403) 510-4521

(Office will be closed for a couple weeks in February)

Do you see a need in the community that you would like addressed?
Something we can help with?
A program, workshop, event that would be beneficial to the community?

PLEASE stop by or give me a call, I'd love to find a way to help!!



A partnership between Cremona Congregational Church and Cremona FCSS

Keeping sidewalks shoveled, ice free, and safe can be very challenging for many people with disabilities, illnesses, and age-related mobility issues.

To register for this program Please call Cremona FCSS (403)510-4521, and answer a few questions regarding your needs

We will supply a yard sign which will indicate your need for an angel.

As available a volunteer for the Congregational Church will do their best to help you out. We also encourage everyone from the community to recognize these signs and if you're able to help out a neighbor!



HELPING HANDS



Congregational Church and Cremona FCSS are offering this program to those in our community that need a little help

Do you need a door knob changed, help putting together some "Ikea" furniture, maybe you have a step into your home that needs to be replaced or a drippy tap, perhaps it's a ride to a specialist appointment

Community volunteers are offering their services to help with little jobs for those that are unable to do it themselves.

To sign up for this program you can stop by the FCSS and discuss your needs, then we will try to match you with a volunteer to give you a helping hand.



Thank you

Wolf Willow Women's Group wish to thank everyone that supported our annual quilt raffle once again.

The lucky winner was Sheri Laye!

The proceeds of the quilt went to Wolf Willow Women's Early Literacy Program, Cremona School Breakfast Club and Cremona & District Santa's Anonymous.

CREMONA HALL

The Cremona Hall Society's Annual Meeting and election of officers is January 21, 2019 at 7:30 pm.

The Hall is a vibrant part of our Community and welcomes new members to the board. It is the volunteerism of our group that continues to operate and manage the Hall happenings. We have a full commercial kitchen, video and sound system with screen, a meeting room, stage and hardwood floor. We are available for all types of functions. For more information and bookings Call Mary - 403 637 2763.

Parkhills Women's Guild

The Parkhills Women's Guild wishes to thank all the patrons who supported our Bake Table at the Cremona Winterfest on December 1st.



Your support helps our group to donate funds to local charities and several oversea projects in the past. Meetings are the second Tuesday of the month at 1:30 pm. New members welcome. For more information call Mary Thomson 403 637 2458



The Parkhills Women's Guild wishes to thank the Cremona FCSS and Mountain View Financial for their support to help put on our "Celebrate the Harvest" Evening on November 22, 2018 and to our guest speakers and entertainers, Kim Just and Bryn Thiessen.


It was a very successful event thanks to all.



Are you a parent with a new baby or young child under the age of six? Are you committed to providing the best you can for your child? Do you wish your child came with a manual? Are you experiencing other challenges in your life while you try to raise your young family? If you answered yes to any of these questions you may be eligible for the Healthy Families Home Visitation Program.

Our trained home visitors can visit you in your home; assist with parenting and child development strategies. We can also help you to manage other family needs and issues that impact your ability to be the parent you want to be. We will provide support and guidance all in a non-judgemental way.

Our program is free. We serve Didsbury, Carstairs, **Cremona**, Three Hills, Drumheller, Hanna, Strathmore and surrounding rural areas. For more information, please contact either our main office at Accredited Supports to the Community, 1-866-566-4122 or the Healthy families Coordinator, Lisa Sauve, 403 586 0665 directly, Also check out our website: asc-mva.ab.ca for more information about our program and other services Accredited Supports to the Community has to offer.

| Twisty Tuesday | Wacky Wednesday | Terrific Thursday |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| 8 Circle Time with Kimochis 9:00 am - 10:00 am Play N Learn 10:00 am - 1:00 pm | 9 Join us in Water Valley for Storytime 9:00 am - 11:30 am | 10 Tummy Time 9:00 am - 10:00 am Active Play 10:00 am - 1:00 pm |
| 15  Circle Time with Kimochis 9:00 am - 10:00 am Play N Learn 10:00 am - 1:00 pm | 16 Creative Play & Crafty Corner 9:00 am - 1:00 pm Movie Night! 6:00 pm - 7:30 pm Come watch a movie & have some popcorn! | 17 Tummy Time 9:00 am - 10:00 am Active Play 10:00 am - 1:00 pm Triple P Discussion Group: Bedtime Routines |
| 22 Circle Time with Kimochis 9:00 am - 10:00 am Play N Learn 10:00 am - 1:00 pm | 23 Join us in Water Valley for Storytime 9:00 am - 11:30 am | 24 Tummy Time 9:00 am - 10:00 am Active Play 10:00 am - 1:00 pm |
| 29 Circle Time with Kimochis 9:00 am - 10:00 am Play N Learn 10:00 am - 1:00 pm | 30 Creative Play & Crafty Corner 9:00 am - 1:00 pm | 31 Tummy Time 9:00 am - 10:00 am Active Play 10:00 am - 1:00 pm |

Cremona Parent LINK



Located at: Cremona Congregational Church
202, 2 Street West

Contact: Jill at 403.993.3330



cremona@mountainviewparentlink.org



www.mountainviewparentlink.org



Follow us on Facebook

January 2019

**Circle Time with Kimochi's
Tuesday's in January
9:00 am - 10:00 am**

**Come join us for some puppet time and lets
learn about emotions!**

For customized parenting plans call:

403.993.3330

By appointment only



Alberta Government



CREMONA 4-H CLUB IS HOSTING A BOTTLE & BATTERY DRIVE DURING THE MONTH OF JANUARY, 2019.

PLEASE CALL 403-899-1019 TO ARRANGE PICK UP FOR BOTTLES OR ANY LARGE BATTERIES YOU MAY HAVE. (VEHICLE, AGRICULTURAL, ETC.

BATTERIES; NOT HOUSEHOLD CELL BATTERIES)



CANADA
4-H Alberta

THANK YOU TO THE COMMUNITY FOR YOUR CONTINUED SUPPORT!



Community Christmas Hampers would like to thank Cremona Lions, Wolf Willow Women's Group, Parkhill's Women's Guild, Cremona School, Cremona Congregational Church, Aurora and everyone who donated so generously to the hampers this year.

Thank you to all the volunteers who diligently sorted food and packed hampers - we couldn't have done it without you.

**CREMONA & DISTRICT SANTA'S ANONYMOUS 2018
THANK YOU**

A generous *Thank You* to our community for donations and assistance in allowing for the success of our annual program!

Individuals:

- Donations in our collection tins/bank account**
- Donations of toys/gifts in our donation tubs**

Community:

- Cremona Congregational Church**
- Bethel Church**
- Cremona FCSS**
- Parkhills Women's Guild**
- Wolf Willow Women's Group**
- Cremona School Staff**
- Cremona School Students**
- Local Businesses That Collected Dollars and Toys**
- Volunteers For Shopping, Wrapping and Assisting**
- Volunteers From Harmattan Gas Processing**

Corporate

- Cremona Lions Club**
- Harmattan Gas Processing**
- Darilyn & Jonas Dorosz/PDR Hail**
- Dr. Niel & Melanie Smit**





Feedback on Cremona Community Pharmacy- Your Own Local Pharmacy

Dear all readers, we have a potential of having a new local pharmacy opening in Cremona. On behalf of a Pharmacist, we are looking for the feedback from residents of Cremona, Water Valley and surrounding communities how a local pharmacy could be a great addition in our small community and what services you would like to see.

A new pharmacy will provide the following services:

- *Pharmacist with additional prescribing authority
- *Medication renewing
- *Injection service
- *Specialized services like: Travel Health Consultations, Smoking Cessation and on-the-spot strep testing
- *Compliance packaging (Blister pack)
- *Immunization/ vaccinations for all 5+ age groups
- *Compounding medications
- *Comprehensive medication reviews
- *Natural health supplements
- *Free medication delivery in Cremona, water valley and surrounding area
- *Home health care products
- *Support/Braces

Your feedback can help us improve our community!

Please contact the Village office with any comments or support you'd like to offer @ finances@cremona.ca

Trust the wait.

Embrace the uncertainty.

Enjoy the beauty of becoming.

When nothing is certain, anything is possible.

mindsetofgreatness

Water Valley Events

WVCA Bottle Drive - 1st Saturday of the month- all proceeds towards the new hall.
10:00-3:00

WVCA Red Mug Coffee Morning
Location WVCA community Hall
Every Thursday 9-noon

Crafting Days
Location: Chinook Arts, downstairs in the kitchen
when: 3rd Sunday of the month.
Bring \$5.00 for rent and a snack and have a wonderful afternoon.

Hook and Book
Wednesday evenings 6-9 in the library, bring your knitting, crochet or handwork
and join the circle of friends. Sometimes we even talk about books!

Annual Stud Auction coming up this March 1 2019, Mark your calendars

Pickle Ball- drop in Pickle Ball at the Community Hall. Wednesdays 7-9 and
Thursdays 12:00-2:00 Drop in fee of \$2.00

Red Hat Society- Gals 50+ join for lunch and laughs call 403-637-2544

School House Quilters - meet the 2nd and 4th Tuesdays of every month. 9-4
September to end of June. 6 month membership is \$60.00 and will cover
February to end of June. Drop in fee of \$8.00 per day and Beginners Welcome.
Learn, Share and Connect through the art of Quilting! Traditional or Modern or
Art Quilters are all Welcome. Bring your sewing machine, your projects and have a
fun day. Come for the whole day or a partial day. Please contact Karen
Macpherson at 403-272-8094 for more information.

CREMONA MUNICIPAL LIBRARY

STORYHOUR

Monday mornings at 10am for ages 0-5. Join us for games, crafts and storytelling.
Presented by ParentLink.





CREMONA COMMUNITY ENGAGEMENT SITE

206 3rd Street East
Box 141, Cremona, Alberta, T0M 0R0
Phone: 403-337-4277
Fax: 403-637-3830
email: coordinator@cremonaces.com
Website: www.cremonaces.com

GROWING TOGETHER, LEARNING FOREVER
"A Campus Alberta Central Learning Site"

Kids Lunchtime Spanish Learn to speak Spanish during the school lunch hour. For both new students and students who have taken lunchtime Spanish previously. If the student is new there will be an additional cost of \$8 for the workbook. DATES: Early Learners: Mondays Jan 7—March 4, 2019 Advanced: Wednesdays Jan 9—March 6, 2019 No classes on February 18th and 20th. TIME: 12:00pm—12:45pm COST: \$35 Maximum 20 for each class Payment due at registration

iPhone/iPad Basics

Lawson is here to help you navigate your device and answer all your questions in a humorous, non-frustrating way.

DATE: Monday January 21, 2019

TIME: 10 am to Noon

Deadline to register: January 14th, 2019

COST: FREE for seniors

